觀霧
國家森林遊樂區

Guanwu
National Forest Recreation Area

GUANWU

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1 Kuaishan Big Trees Trail

全程 Distance	單程約需 Time (one way)	困難度 Difficulty
4 公里 KM	1.5 小時 hrs	★★★

檜山巨木群步道

步道蜿蜒在檜山北坡山腰，沿途可眺望五指山及鵝公髻山，步道中段由舊時運材台車道整建，巨木群的 5 棵千年紅檜，矗立於山林間。

This trail, built along the path of an old logging cart track, gently meanders on the northern hillside of Kuaishan, with spectacular views of Mt. Wuzhi and Mt. Ehgongji. Five giant Taiwan Red Cypresses, each a thousand years old, stand tall and upright in the forest.

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2 Guanwu Waterfall Trail

全程 Distance	來回約需 Time (round trip)	困難度 Difficulty
1.5 公里 KM	1.5 小時 hrs	★★★

觀霧瀑布步道

海拔落差 280 公尺，步道在高大的林蔭下穿梭，沿途針闊葉樹林茂密，以殼斗科喬木最多，終點是奔落谷間的觀霧瀑布。

The trail rises 280 meters into the lush broadleaf forests of beech and oak, reaching to the splendid Guanwu Waterfall.

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3 Jhenshan Trail

全程 Distance	單程約需 Time (one way)	困難度 Difficulty
4.13 公里 KM	4 小時 hrs	★★★★

榛山步道

沿途視野開闊，一路從海拔 1900 公尺登上海拔 2,350 公尺的榛山觀景台，雪山山脈以及綿延壯闊的聖稜線在眼前展開。

Spacious views, chirping birds, and flowers year round adorn this trail to the Jhenshan Observation Deck at an altitude of 2,350 meters, where the breath-taking Snow Mountain Ridge, Shei-pa Mountain peaks, and Holy Ridge Trail stretch before you.
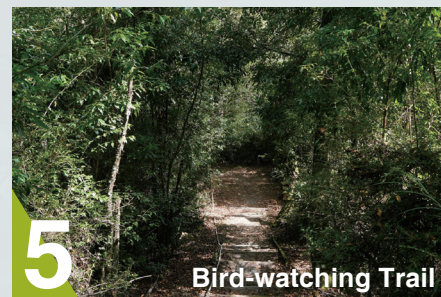
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4 Honeymoon Trail

全程 Distance	單程約需 Time (one way)	困難度 Difficulty
450 公尺 M	20 分鐘 mins	★

蜜月小徑

步道連接檜山巨木群步道與觀霧山莊，原始的路徑蜿蜒在茂密的樹林中，部分路段落差大，整條步道瀰漫著清新的芬多精與活氧，是條健康養生的健行步道。

The unspoiled Honeymoon Path winds up and down through lush woods, connecting the Kuaishan Giant Tree Trail to the Guanwu Cabins. For a breath of fresh air and a pleasant stroll, this trail is the best choice for you.

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5 Bird-watching Trail

全程 Distance	單程約需 Time (one way)	困難度 Difficulty
650 公尺 M	30 分鐘 mins	★★

賞鳥步道

步道綿延在針闊葉混合林中，豐富的花草樹木及多層次的森林結構，成為鳥類絕佳的棲息環境，整條步道鳥鳴聲環繞，也是聆聽大自然最悅耳交響樂章的極佳場域。

The trail stretches through coniferous and broad-leaved mixed forests where the flowers and ranks of trees provide excellent habitat for birds. Even if you don't see them, you can hear birds chirping all along the trail.

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6 Yunwu Trail

全程 Distance	單程約需 Time (one way)	困難度 Difficulty
846 公尺 M	35 分鐘 mins	★

雲霧步道

可觀賞聖稜線、眺望群峰山景、體驗雲霧山嵐。架高木棧道可讓野生動物穿越，保留野生動植物生存活動的空間。

The Yunwu Trail is the ideal trail for watching the Holy Ridge, mountain peaks, and beautiful clouds. This trail was built with plenty of room underneath for animals to pass through, preserving their natural habitats.

行政院農業委員會
林務局